

The Introduction of Community Mental Health Service System in Guangdong

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Guangdong Province

Overview of Guangdong Province

- **Guangdong resident population was 94.49 million people at the end of 2007. (110 million , 2009)**
- **It has an area of 179,800 square kilometres.**
- **The economic level is among the best in China (GDP:16th in G20).**

Leadership and sponsoring organization -I

the leadership and sponsoring organization of the psychosis prevention, cure and rehabilitation

province	The joint conference of Guangdong provincial Mental Health	Department of Health of Guangdong Province (Division of Disease Control)
	Guangdong Disabled Person's Federation (Rehabilitation Department)	Guangdong Mental Health Institute
city	Bureau of Health of Municipalities	Disabled Person's Federation
	Psychiatric Hospital	
county (district)	Bureau of Health	Disabled Person's Federation
	psychiatric department in prophylactic institution of chronic diseases	General Hospital
	Psychiatric Hospital	
residential district (town)	Street office (Township government)	the Department of Social Affairs
	Town Hospital	
Village (rural)	Neighborhood committee Clinic	

Leadership and sponsoring organization-II

Technology network

province	Guangdong Mental Health Institute
city	Psychiatric Hospital
	Department of psychiatry in General Hospital
county (district)	prophylactic institution of chronic diseases
	Psychiatric Hospital
	Disabled Person's Federation
residential district (town)	Town Hospital
village (rural)	Doctors in Health Post Doctors in Town Hospital private medical practice

The Mental Health resources of Guangdong Province (2006)

- **Mental health organization**
 - Independent agents: 47
 - Dependent agents: 49
- **The sum of beds**
 - 12397 beds (1.05 bed/10, 000 people)
- **The staffs**
 - psychiatrists: 1576 (0.15 /10, 000 people)
 - Psychiatric nurses: 2618 (0.25 /10, 000 people)

Major Implementing Methods-I

- 1、 Making projects for community health service system**
- 2、 Developing trainings for staffs involved in community health service**

Training targets include physicians, clerks coming from primary level, policemen, dependents. They have also be trained in Hong Kong or Australia.

- 3、 Baseline investigations for mental diseases**
- 4、 Setting up case-files and making cards for mental patients**

Guangdong Province had set up case-files and made cards for over 0.3 million major mental patients.

Major Implementing Methods-II

5、 Carrying out measures of psychosis prevention, cure and rehabilitation

(1)Community rehabilitation

Setting up a system of “Psychosis prevention and treatment day” , which means at psychosis prevention and cure stations located at streets (or town) and neighborhood committee (rural) on a regular day each month, mental health workers diagnose and cure for patients. Implementing responsibilities of all kinds of psychosis prevention and cure staffs, as well as the guardianship of mental patients.

(2) Acute hospitalization

(3) Improving social security system for mental patients

Treatment for mental patients has been brought into medical insurance and new rural cooperative medicare scheme basically, as well as subsistence allowances, hospital-allowance insurance, free drug administration, poverty help etc.

Major Implementing Methods-III

(4) Paying attention to the recovery of social functioning of mental patients

➤ Farming therapy center for mental diseases

➤ Day Care Hospital

To set up referring to the model of Day Care Hospital of Hong Kong

➤ Carrying out Project 686

Project 686 has been carried out in Zhongshan , Jiangmen, Shenzhen and Foshan etc, consisted 55 demonstration districts till now.

Carrying out pilot programs of case management and it has been going on in Xinhui district (Jiangmen).

Carrying out equilibrium service that primary care doctor will be in charge of 1-2 grade patients, and psychiatric hospitals will be in charge of 3-5 grade patients.

Major Implementing Methods-IV

- **The progress of NGO rehabilitation model**
 - Half-way house
 - Shelter workshop, render farm
 - Day training center
 - Resource & Service Centre for the Relatives of psychiatric patients

The future development: improving mental rehabilitation system

Psychiatric hospital



Day Care Hospital, Clubs for mental patients



Half-way House, Day training centers, Shelter workshop



Resource & Service Centre for the Relatives



Supported employment



Returning to family, open employment

The future development : setting up multifunctional teams-carrying out case management

- **Psychiatrists**
- **Psychiatric nurses (community rehabilitation nurses)**
- **Clinical psychologists**
- **Social workers**
- **Occupational therapist**

Stages of development of community mental health in Guangdong Province

Stage of psychosis prevention and treatment date
(Solving the basic drug needs of mental patients) 1993~2003



Stage of rehabilitation of social functioning
(Solving the functional recovery needs of mental patients) 2003
~ 2008



Stage of equilibrium mental health service
(meeting all kinds of needs of mental patients) 2008 ~now

Difficulties and challenges

- **Lacking of Philosophy, resources and staff**
- **Government mechanism has not been fully established.**
- **Funds are difficult to safeguard.**

Thanks!